

APPENDIX 1

Action Plan – Scrutiny Review of Mental Health and Wellbeing including Suicide and Self Harm

No.	Recommendation	Proposed Actions/Progress	Success Measures	Responsibility	Date
	Council will:				
1.	Lobby government for increased mental health funding as a percentage of the total NHS budget, with more targeted towards universal services and lower-level support.	Letter to be sent from the Leader of the Council to Department of Health to reinforce the importance of increased funding for mental health services with increased emphasis on primary and secondary prevention.	Letter sent and response received.	SBC	October 2018
2.	Adopt the Prevention Concordat for Better Mental Health, and encourage other local stakeholder organisations to also commit to this.	<p>Review of the Concordat to ensure the Council meets its principles.</p> <p>Report to be presented to CMT in January / February 2019.</p> <p>Consideration to be given to placing the concordat as an item for discussion at a future Health and Wellbeing Board.</p>	<p>The principles of the prevention concordat are adopted by SBC.</p> <p>Discussion held at Health and Wellbeing Board.</p>	<p>SBC Public Health</p> <p>SBC Public Health</p>	<p>March 2019</p> <p>July 2019</p>
3.	Ensure that existing service directories contain up-to-date and accurate information on local and national sources of support and the promotion of good mental health.	Further development of the Stockton Information Directory (SID) online directory with regular review to ensure information is up to date and accurate.	Improved quality of information accessible to children, young people, families and professionals on service directories.	SBC Children's Services Early Help team	December 2018

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		Review of mental health service information currently provided on SBC website to ensure it is up to date and accurate.		SBC Communications and Public Health	December 2018
4.	Arrange for the recommendations from this scrutiny review report to be shared with the Adult Social Care and Health Select Committee.	Recommendations to be tabled at forthcoming Adult Social Care and Health Select Committee.	Recommendations shared and noted.	SBC Scrutiny	December 2018
	Health and Wellbeing				
5.	HaST CCG, Public Health and Catalyst (the strategic infrastructure organisation for the Borough committed to providing an effective voice, representation and support for the voluntary, community and social enterprise sector) work together to facilitate co-operation between Voluntary Sector providers of mental health services.	Catalyst, HaST CCG and SBC Public Health to promote the integrated mental health strategy to the VCSE Health and Wellbeing Forum to help identify areas for joint working and cooperation. Catalyst to work with the VCSE volunteers forum to dedicate a future forum meeting to support for mental health and wellbeing and the positive impact of volunteering.	Regular and improved communication between voluntary sector providers of mental health services.	HaST CCG, SBC Public Health and Catalyst	December 2018

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6.	HaST CCG and Public Health use existing communication channels (e.g. Time Out sessions) to increase GP practice staff awareness of local mental health services in addition to those offered by TEWV CAMHS.	<p>HaST CCG and SBC Public Health to deliver 1 Time Out session for GP practice staff.</p> <p>HaST CCG and SBC Public Health to ensure that service information is re-circulated to all GP practices including a link to Stockton Information Directory.</p>	Time Out session delivered with positive feedback received.	HaST CCG, SBC Public Health	<p>July 2019</p> <p>October 2018</p>
7.	HaST CCG provide an update to the People Select Committee on the progress, and any subsequent outcomes, of the CAMHS service review to enable the impact on wider children and young people's services to be understood.	An update report to be requested from HAST CCG.	<p>Update is received by People Select Committee.</p> <p>Outcome of CAMHS service review is reported.</p>	HaST CCG	March 2019
8.	The development of a panel to plan for the transition of children and young people from CAMHS to Adult Mental Health Services be endorsed, and the People Select Committee receive an update from TEWV following initial roll-out.	An update report to be requested from TEWV.	<p>Update is received by People Select Committee.</p> <p>Impact of transition planning panel is shared.</p>	TEWV	December 2018

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	Education				
9.	Every local school and college be strongly encouraged to have a designated lead in mental health in advance of the government target of 2025.	Education Improvement Service to utilise existing communication routes (eg. School Safeguarding Forum, Education Matters and one to one contact) throughout the 2018/19 academic year to encourage schools and colleges to designate a lead for mental health.	Designated leads for mental health confirmed by schools and colleges.	SBC Education Improvement Service	August 2019
10.	Further work be undertaken to understand the level of spend by schools on counselling and therapeutic services, as part of the Future in Mind transformation programme.	<p>Each primary and secondary school to be contacted to request an overview of spend on counselling and therapeutic services.</p> <p>Analysis of information provided by schools to be undertaken to develop a borough wide understanding of additional school spend outside of SBC/CCG commissioned services.</p> <p>Consideration to be given to joint commissioning opportunities.</p>	Clear understanding of school spend on counselling and therapeutic services.	SBC Integrated Strategy team, HAST CCG	October 2018

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11.	Good practice on mental health promotion and support be shared across and between educational establishments, including the learning from the recent secondary school emotional health and wellbeing pilot programme.	Overview of the secondary schools emotional health and wellbeing pilot programme and lessons learned to be shared at school safeguarding forum. Consideration to be given to mental health/emotional health and wellbeing becoming a standard agenda item on the school safeguarding forum agenda.	Good practice information shared across schools and colleges with mechanism to share ongoing learning identified.	SBC Education Improvement Service	December 2018
12.	Results of the ongoing Safeguarding Pupil Survey 2018 be fed back to the People Select Committee, including comparisons to the 2016 survey results.	An update report/presentation to be requested from SBC Education Improvement Service.	Update is received by People Select Committee.	SBC Education Improvement Service	March 2019